

## Funding recommendations for council

Organisation name	Proposal summary	Funding award
Age UK Lewisham and Southwark	Attendees can access a range of information and advice, exercise sessions, fun and creative activities and healthy, freshly cooked food. Access to other Age UK L&S services such as income maximisation, help with form filling for pension credit and support in applying for cost of living grants etc, access to Happy Feet toenail cutting service and Handyperson service. Referrals to support services available in the community via our social prescribing service. Provide up to 400 local residents with a 'Warm Bag'	£10,875
Blackfriars Settlement	Over 13 weeks 35hrs per week of Warm Space access and support with free tea and coffee, free PC & internet access, and support from the Positive Ageing and Mental Health & Wellbeing teams. Anyone over 60 will be able to take part in our Positive Ageing activities: social, craft, singings, exercise class, men's group, coffee mornings etc., or just use the space, armchairs, facilities and warmth. We will share information about sources of financial support, signpost on for specialist information and advice where necessary. For those with mental health needs, there are weekly discussion and support sessions around matters that are important to people, where they can ask questions, find useful information and support. Each Wednesday lunchtime we will cook 60 healthy meals with sensitivity to budget and ease to eat at Blackfriars or take away for quick reheating at home.	£5,340
Kingswood Arts CIC	We intend to use funding to employ a 'Warm Space coordinator' whose responsibilities will include outreach to the local community, promoting the Warm Space through proactive means such as detached work and door knocking, identifying and developing volunteers to help run the Warm Space, identifying and developing local members of the community to lead activities in the Warm Space, developing and hosting fun and welcoming activities to take place in the Warm Space To develop a range of local volunteer leaders to run their own sessions in the space. This might include book groups, yoga or movement, knitting groups, parent mutual support groups or just a simple coffee morning. We also have included some basic food costs for things like fruit, biscuits and warm drinks. We also run a weekly Community Kitchen funded by Southwark council, and there are other food provisions	£5,672

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	on the estate including a pantry and a food bank, all of which Warm Space users will be signposted to.	
Link Age Southwark	We offer a free lunch of homemade nutritious soup and bread as well as tea, coffee, biscuits and cake throughout the afternoon. In the morning we have an exercise session that people need to be referred to attend. Many of those who attend for the exercise group remain for the Warm Space with others joining. Following the lunch we offer a social session with board games and opportunity for peer interaction.	£5,960
Livesey Exchange by Pempeople	Community Wednesday Cafe for local residents to pop in have a chat, watch films, hear from various organisations like Diabetes UK, Prostate Cancer UK Black Cancer care We will be working with Lumberjack who will be supplying coffee to attendees whilst training to become Barista's. Wellness event such Yoga, Boxing, Health Initiatives, nutritional education, Art classes, Photography and much more. We are planning on seeing if we can bring Bingo back or an updated version as we believe that this will bring in many of the older generation and create intergenerational collaborations.	£4,000
Lordship Lane Baptist Church	Warm Space/ Luncheon Club aims to provide facilities and services for residents predominantly over 55 years to build and increase all round resilience through availability of a Warm Space every Thursday from 11.00 am to 3.00pm that offers <ul style="list-style-type: none"> <li>• Physical exercise and singing leading to improved physical, mental and spiritual wellbeing</li> <li>• A multicultural two course hot meal giving access to culturally appropriate healthy food</li> <li>• 'Edutainment' sessions consisting of general and religious knowledge questions allowing the users to engage in research and conversations which help to build team spirit, foster friendship and increase knowledge</li> <li>• Board games and completion of crosswords which offers opportunities for collaboration, mental stimulation and cooperation</li> <li>• Guest speakers who cover a range of subjects including nutrition, skin care, safety, and old age.</li> <li>• Signpost to local agencies or invite financial experts to advice on available support which will help them to manage their resources in the face of rising food and energy costs</li> </ul>	£9,265

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Pecan	<ul style="list-style-type: none"> <li>• Free café serving warm drinks, soup and a roll, or Felix Project Meals every Monday and Tuesday 1-3pm (we will serve warm meals at our other activities as needed and can give out Felix Project meals to be heated up or taken home.)</li> <li>• Bread &amp; Salt, an Arabic and Kumanji Kurdish speaking drop-in offers a welcome and friendship to all, but in particular, to guests from across the Middle East and North Africa. Every Friday 9.30am – 12pm</li> <li>• Festive party in December (Felix Project meals can be served here as well as some festive treats)</li> <li>• In the New Year our timetable will include a variety of awareness days and other activities</li> </ul> <p>In between these free cafes we will be holding other activities including our Creative Writing course. We can signpost to other organisations as well as refer into our other services depending on need.</p>	£4,607
Nunheads Voice Ltd (The Green)	<p>The Community Centre is open seven days a week as a Warm Space with snacks and warm drinks available. One day per week we will be providing</p> <ul style="list-style-type: none"> <li>• Hot meals prepared and cooked on the premises by volunteers</li> <li>• Activities based on the requests of the users to include toys and activities for small children</li> <li>• Live music by local performers</li> <li>• Access to Southwark Digital Inclusion service</li> <li>• Access to Share The Cost Global, a community support organisation providing access to reduced cost household and food items.</li> <li>• Weekly advice sessions facilitated by appropriate professional advice agencies</li> <li>• Access to free Wi-Fi</li> </ul>	£4,600
Pembroke House	<p>Our Warm Space offering, Soup 'n Chat, will be an important part of the new Walworth Living Room (WLR). From January through March, three afternoons per week (2pm to 5pm) we will offer free, freshly made soup, bread, tea and coffee. We will also provide materials to help people connect while they are enjoying their meal, such as board games, crafting supplies and wool for knitting. Soup 'n Chat will be supported by the WLR hosts who will be responsible for welcoming people to the space, explaining to them what the WLR is all about and what they can do while they are there, helping them connect to others and being a listening ear to those who need it.</p>	£5,756

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	<p>As Soup 'n Chat will be part of our grand reopening, we will have lots of publicity to make people aware of it including leafletting the neighbourhood, a social media push, our website, local newspaper advertising, and spreading the word through partner organisations.</p> <p>Soup 'n Chat will provide a gentle entry into the Living Room, helping people connect to the many other activities and services the space has to offer, from fitness classes to skill shares to arts workshops to discussion groups and more.</p>	
South London Mission	<p>Wednesday 10:00 - 12:00 - Pantry providing food and hygiene products aimed at mainly households with children and the elderly.</p> <p>Over 60's exercise 12:15 - 13:00 Sit down exercises and access to the Pantry</p> <p>Thursday 11:00 - 13:00 - An opportunity to volunteer for the BRITE Box project which provides meals kits for pupils in Southwark</p> <p>Friday 13:00 - 15:00 - Opportunity to meet new people over cup of tea</p>	£5,000
Southwark Carers	<p>We will hold 20 Carers Café's that will provide cooked nutritious food for attendees to eat at the café. They will also be an opportunity for them to take away food for themselves and their families. The café is a social space for a number of activities to be carried out.</p> <ul style="list-style-type: none"> <li>• lively discussions on current topics such as the winter fuel credit, the budget, the impact of changes of benefits and the move to UC, access to healthcare.</li> <li>• These talks and sessions will be interspersed with sing-along, movies, dancing, poetry reading, creative crafts</li> </ul> <p>Information and advice will be offered to carers and where appropriate we will sign post other vulnerable residents to appropriate services e.g CAS and AGE UK Lewisham and Southwark. This will include benefit checks and form filling when necessary. We will apply for grants for vulnerable residents where needed. The average age of our service user is 55 years, however, we do have whole families attending the café and we would be providing support for the whole family.</p>	£7,670
Southwark Day Centre for Asylum Seekers	<p>3 locations. We provide a good quality hot meal in a welcoming space, with clients from all over the world joining us, meaning that almost anyone who comes can find someone from their own community to talk to. We offer:</p> <ul style="list-style-type: none"> <li>• Advice from trained advisers on housing, benefits, immigration, employment and health.</li> <li>• ESOL classes, arts and crafts sessions, guided conversation group, storytelling sessions</li> <li>• Collection of warm clothes from which clients and visitors can select items they need.</li> </ul>	£13,000

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Spring Community Hub	<p>The Warm Hub will be hosted from 11.00 – 1.30 p.m. on Wednesdays and 3.30 – 6.00 p.m. on Fridays.</p> <ul style="list-style-type: none"> <li>• Wednesdays will be targeted at older people, who often prefer not to be out of the house after dark, and families with pre-school children, encouraging intergenerational relationships.</li> <li>• Our Friday sessions will be targeted at families with school aged children.</li> </ul> <p>The Warm Hub will be facilitated by volunteers, overseen by our Service Manager. We aim to engage at least 100 people of all ages in using the Hub:</p> <ul style="list-style-type: none"> <li>• To address food poverty, we'll provide free hot food and drinks, with soup and rolls provided at each session.</li> <li>• To provide longer-term support for food poverty, we'll provide cooking demonstrations and recipe cards, raising awareness of how to eat healthily on a budget and sources of affordable food, including local food banks, social supermarkets, pantries, and food offers exclusive to Southwark's Warm Hubs, e.g. via Felix.</li> <li>• To improve financial resilience, we'll offer money advice and income maximisation, through 1:1 and group sessions facilitated by our own advice team and through sessions hosted by partners.</li> <li>• Information sessions with community partners, including Public Health, e.g. vaccines information.</li> <li>• Activities, particularly crafts and board games, uniting people of all ages and addressing social isolation and loneliness.</li> </ul> <p>Our Vestry Road Hub provides a friendly, comfortable and inviting space. We also offer a range of other co-located activities, e.g. ESOL classes, women's groups, a clothing bank, employment advice, and volunteering activities, in which Hub members will be encouraged to participate.</p>	£5,520
Time and Talents Association	<p>2 locations. Offering a drop-in Warm Space at our unit in Surrey Quays Shopping Centre, as well as providing additional support as part of our Older Adults groups at our Old Mortuary building in Rotherhithe.</p> <ul style="list-style-type: none"> <li>• The Break Room will be a drop-in offering hot drinks, a free hot lunch, digital support and energy-saving and income maximisation advice. At 'T&amp;T2', our venue in Surrey Quays Shopping Centre, these sessions will provide additional support to existing members of Time &amp; Talents, as well as local residents of working age who may be less likely to usually engage with our Community Centre. We will have a programme of visits from partner services such as Citizens</li> </ul>	£6,000

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	<p>Advice, Southwark Carers, Big Local Works and Alzheimer's Society. We have a varied programme of groups which run from there weekly, including sessions for adults 18+, 55+, and Children 0-11 and their families.</p> <ul style="list-style-type: none"> <li>• Alongside the Break Room, we will also be offering hot lunches as part of our existing support for Older People: Happy Mondays, Ruby Tuesdays, Stroke Club and VIP (Visually Impaired Persons' Group). Support with form-filling, including Pension Credit applications</li> </ul>	
Total allocation	£93,265	£93,265